

## Prayers

18 April 2008

Prayer to Christians is **strength**.

How much you pray = How strong you are in God.

Because prayers build the relationship with God.

And when you have a strong relationship with God, you have full liberty of the anointing of God. – When you say something, people will want to listen to you.

When you cannot find an answer to your situation, you pray.

Before you start your day in office/school, you pray.

Before you eat your meal, you pray.

*What does God talk about our strength?*

**(Isaiah 40:30)** Even the youths shall faint and be weary, And the young men shall utterly fall,

Our strength has limits. People have limits. Even the young people have limits.

God is reminding us that having a vision is not enough. There will be no strength and energy to survive through. You need to have passion to run after God daily.

*How to stay passionate?*

**(Isaiah 40:31)** But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

*What is waiting on God?*

Sitting by His gates, communing with Him while waiting for Him. Waiting for God to move/activate/operate in you. All can be done only through prayers.

### **4 Things about Prayers**

#### **1. Prayer should be heart-felt.**

Means you cannot be robotic in prayers. Not about praying through a protocol.

Even a simple prayer can be a heart-felt prayer.

Pray from what comes from the depth of your heart.

#### **2. Don't rush, give room for prayer breathing.**

Pray in such a way that there is room to breathe.

### **3. Maintain a gap between each prayer.**

To allow the Holy Spirit to move and God to speak.

Because a prayer is supposed to be a two-way conversation with God. So to maintain a gap, you allow God to speak to you.

### **4. Don't keep repeating, but go deep with God.**

When you pray, you should feel like you are meeting God face-to-face, heart-to-heart, spirit-to-spirit.

Do not keep repeating yourself on the very same point you are prayer.

There will be a confuse feeling out of the prayer when you keep repeating.

### **Conclusion ...**

Try using the four points above and learn to pray for the following...

- **Personal Life** – Faith; Fear Factor; Wisdom; Healing; Something for yourself; Breakthrough
- **Spiritual Level** – Prayer life; Word (Bible-Reading) life; Moving in the spirit (Speaking in tongues)
- **Career** – Study; Work; Assignment; Promotion; Target to hit
- **Love One** – Husband; Wife; Spouse; Boy/Girl-Friends
- **Family**

These are the 5 things you should pray for daily.

- **Personal Life** = Immediate needs.
- **Spiritual Level** = To have a strong relationship with God.
- **Career** = Your purpose; calling; vision.
- **Love Ones** = Because relationships must be built.
- **Family** = For a bigger circle.

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Sermon taken from <http://www.bryanchung.sg>

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